



St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,
following Christ and changing lives in the heart of Hong Kong.'*

THE TWELFTH SUNDAY AFTER TRINITY 18TH AUGUST 2024

8.00am Said Eucharist

Celebrant and Preacher: The Revd Sharon Langbis
Reader: Will Clay

9.00am Sung Eucharist (<https://youtube.com/live/Q-oXpjyC41E>)

Celebrant and Preacher: The Revd Canon Peter Koon
Deacon: The Revd Polly Wong
Communion Setting: Addington Service (Richard Shephard)
Hymns: 589 (omit *), 581, 440, 588
Voluntary: Psalm 24, verse 3 (Anthoni van Noordt)
Readers: Alexander Kwan, Mary Szeto
Intercessor: Lee Clubb

10.30am Sung Eucharist (Mandarin)

Celebrant and Preacher: The Revd Amos Poon

11.45am Responsorial Eucharist—Provincial (Rite II)

Celebrant and Preacher: The Revd Sharon Langbis
Reader: Koon-G Chiu
Intercessor: Saki Tsoi

1.30pm Sung Eucharist (Pilipino)

Celebrant and Preacher: The Revd Canon Dwight dela Torre

5.00pm Choral Evensong

Officiant and Preacher: The Revd Robert Martin CMP
Reader: Denise Giles

THIS WEEK AT ST JOHN'S CATHEDRAL

MON 19th August	8.00am	Said Eucharist
	12.25pm	<i>Meditation Group</i>
	1.00pm	One o'clock Prayer
TUE 20th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	7.00pm	<i>Bible Reading Fellowship (in person)</i>
WED 21st	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	6.00pm	Said Eucharist
THU 22nd	8.30am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	2.30pm	<i>Parents and Toddlers</i>
	8.30pm	<i>Prayers for Peace (ZOOM)</i>
FRI 23rd	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	8.00pm	<i>'Among Us' (Youth Ministry)</i>
SAT 24th	8.30am	Said Eucharist
	12.00noon	Sung Eucharist
	4.00pm	<i>Andrew Fellowship</i>
	6.00pm	Sung Eucharist (<i>Cantonese</i>)(Anticipated Sunday Service)
SUN 25th August	The Thirteenth Sunday after Trinity	
	<i>Joshua 24.1-2a, 14-18</i>	
<i>Psalms 34.15-end</i>	8.00am	Said Eucharist
<i>Ephesians 6.10-20</i>		Celebrant and Preacher: The Revd Amos Poon
<i>John 6.56-59</i>	9.00am	Sung Eucharist
		Celebrant and Preacher: The Revd Amos Poon
	10.30am	Sung Eucharist (Mandarin)
		Celebrant and Preacher: The Revd Canon Peter Koon
	11.45am	Responsorial Eucharist—Provincial (Rite II)
		Celebrant and Preacher: The Revd Canon Dwight dela Torre
	1.30pm	Sung Eucharist (Pilipino)
		Celebrant and Preacher: The Revd Sharon Langbis
	5.00pm	Evening Prayer in Taizé style
		Officiant and Preacher: The Revd Will Newman

ONLINE DONATION



<https://www.stjohnscathedral.org.hk/Donation/default.aspx?lang=1>

Welcome to all who worship here today. Visiting communicants, of whatever Christian tradition, are invited to receive communion here. **No unauthorized photography, video filming or sound recording during the service. Please set your mobile phone to silent and refrain from using it during the service.**

COLLECT

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING
Proverbs 9.1-6

A reading from the book of the Proverbs.

Wisdom has built her house, she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant-girls, she calls from the highest places in the town, 'You that are simple, turn in here!' To those without sense she says, 'Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight.'

This is the word of the Lord.
All Thanks be to God.

SECOND READING
Ephesians 5.15-20

A reading from the letter of St Paul to the Ephesians.

Brothers and sisters, be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving

thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

This is the word of the Lord.
All Thanks be to God.

GOSPEL READING
John 6.51-58

Hear the Gospel of our Lord Jesus Christ according to John.
All Glory to you, O Lord.

Jesus said to the crowd: 'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.
All Praise to you, O Christ.

POST COMMUNION PRAYER

God of all mercy, in this eucharist you have set aside our sins and given us your healing: grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord. **Amen.**

FOR YOUR PRAYERS THIS WEEK

In the worldwide Anglican Communion we pray for The Anglican Church of Melanesia.

Hong Kong Sheng Kung Hui (Anglican Province of Hong Kong & Macau); for the Most Revd Andrew Chan, our Archbishop and primate; for our Diocesan Bishop, the Rt Revd Dr Matthias Der, and for all bishops, priests and deacons within our diocese and province.

We also pray for Emmanuel Church; for the Revd Robert Martin CMP; for God's blessing on Emmanuel's growing Sunday School, Christian Formation Programmes, Healing Ministry, the mission and outreach among the neighbours in Pokfulam; **for St Stephen's Chapel Stanley** and the Revd William Newman; for St Stephen's College and the Preparatory School; for the ministry with prisoners in Stanley Prison.

Within the Cathedral Parish we pray for the Cathedral Church and its various congregations, for the Dean and the chaplains; for our daughter churches; St Stephen's Chapel, Stanley, Discovery Bay Church and Emmanuel Church, Pokfulam; and their Priests in Charge. We also remember in our prayers Christians in Central, In Touch Magazine, Cathedral Bookstore, Mission For Migrant Workers, SJC Life Enrichment Centre, and St John's Counselling Service.

We pray for our link diocese of Toungoo in Myanmar, giving thanks that our donations have helped to provide food, medicines and healthcare for 1700 refugees from the fighting that has destroyed many villages in remote areas of the diocese.

PRAYER REQUESTS

Please pray for those who are sick:

Fr Desmond Cox, The Dean, Fung Wan Nui, Irena Wu, Toung Ming, Marylou Davis, Rosendo Burgos, Jerry Gleicher, Lucita Villareal, Raymond Yuen, Arturo

Lamshing, Jane Pang Tong, Annabella Janssen, Hung Yeung Pong Wah, SoSo Mei Ping Wong-Leung, Rozana Leung-Bishop, Sister Jean Mary, Sanson Lau, Daisy Tai, Muriel Tsang, Claire Gotten, Fr Hugh Phillipson, Eva Sorrel, Therese Marie Gerarda Chan, Hsu Hon Chung, Chuan Xiaokang, Sarah Wong, Joseph Chu Wong Dor Chun, and Wanda Wan H.

Please pray for the recently departed:
Canon Rex Howe

Canon Rex Howe, a former Dean of St John's Cathedral, passed away peacefully last Sunday in England, aged 95. Rex Howe was Dean from 1973-76, remembered as a gentle man. He said that the cathedral's 125th anniversary (1974) was a call to mission. 50 years later we are still called to mission, to proclaim the gospel in our generation.

In Memoriam:

Quintin Wen Wai To (溫偉圖) and Tip Lam (林蝶)

Please remember those named above in your private prayers. To include someone in this prayer list, please contact Elisa, **Tel: 2523 4157.**

PRAYERS FOR PEACE

As conflicts rage in the Holy Land, Gaza and Ukraine, our world needs peace more than ever. Join members of the congregation to pray for peace on Zoom, every Thursday evening 8.30-9.00pm. Prayers provided, just join in. Please WhatsApp Will on 6254 7514 for the Zoom link.



FLOWERS

The pedestal flowers are donated in loving memory of Quintin Wen Wai To and Tip Lam from Douglas Lam.

NOTICES

REFRESHMENTS in the Li Hall after 9.00am service

Please join us for light refreshments; a good opportunity to renew acquaintances, welcome visitors and new friends while enjoying fellowship with other parishioners.

PLACEMENT

Nic Long, an ordinand from Cambridge, is with us on placement at St John's Cathedral from now until early September. At the end of his placement Nic will write a theological reflection on his experience. Any names that may be included will be changed to preserve anonymity. Nevertheless, you may withdraw yourself from being the subject of any written reflection if you wish, by emailing Will at newman@stjohnscathedral.org.hk Please welcome Nic when you meet him.

St John's Cathedral Counselling Service

THE 'SEVEN PRINCIPLES FOR MAKING RELATIONSHIPS WORK' - A GOTTMAN COUPLES' WORKSHOP

is a scientifically supported program aimed at assisting couples in cultivating robust and thriving relationships. Drawing from four decades of research conducted by esteemed psychologists Drs. John and Julie Gottman, whose work is renowned and featured in the New York Times bestseller, this workshop provides practical techniques and resources for enhancing communication, navigating conflicts, and fostering a deeper bond between partners. Regardless of whether you are in the dating phase, committed relationship, newly married, or have shared many years together, this workshop is designed to elevate your relationship to the next level.

Saturday 2nd November 2024 10.00am to 5.30pm
More details to come. PLEASE MARK YOUR CALENDAR.

Celebration of the 175th Anniversary of the Cathedral Church of St John the Evangelist

on Sunday 15th September 2024



*A Thanksgiving Eucharist at 5.00pm
at St John's Cathedral*

*followed by
an Anniversary Gala Dinner at 7.30pm
at the City Hall Maxim's Palace*

Tickets for the Gala Dinner at \$500 per person
are available at the Cathedral office
on a first come first served basis.

Please call 2523 4157. *All are welcome!*

Deadline: 25th August 2024

NOTICES



CURSILLO HK7

3rd—6th October (Thu 5pm - Sun 4pm)

Honeyville Retreat House, Mt Davis, Kennedy Town

A residential weekend leading to continuing engagement in a community of Christians Living an active life in their parish and environment.

Theme:
**Fear not,
Follow me**

Requirements:

- Over 18 years old
- Baptized for at least 2 years
- Anglican parishioners

Enquiry: cursillohk@gmail.com

Registration deadline: 31st August 2024



JOIN US

CHRISTIANS IN CENTRAL

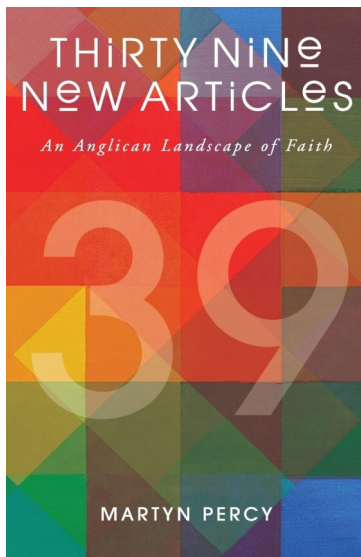
on Tuesday 3rd September at 1.00pm in the Li Hall

Topic: Thirty Nine New Articles—An Anglican Landscape of Faith

Speaker: Professor Martyn Percy

Provost Theologian

Ming Hua Theological College



Anglicans affirm the creeds, and are bible-believing Christians. But Anglicans often divide on how to interpret the bible and how to practice their faith. So what is that keeps Anglicans together? In the 16th century the answer was to invest in “articles of faith” that everyone was made to subscribe to. Originally there were 39 of these. But these were for the English, and in the 21st century very few Anglican churches find these articles to have any relevance today. In this thought-provoking and lighthearted talk, Prof Percy explains what really keeps churches and denominations together.

Sandwiches and refreshments will be served from 12.45pm

Tickets at \$60 are available at the Cathedral Bookstore.
Reservation can also be made through the Cathedral office
on 2523 4157 or email Scarlett at reception@stjohnscathedral.org.hk

**MRS LILY PONG SCHOLARSHIP
FOR CHURCH ORGANISTS**

OPEN FOR APPLICATION (2025-26)

'The Mrs Lily Pong Scholarship for Church Organists' for admission in September 2025 is now opened for application. Sponsored by St Paul's Church and the family of the late Mrs Lily Pong, the scholarship aims at providing subsidy to existing and potential church organists in HKSKH to be better equipped with organ playing techniques and church service playing skills. The scholarship will provide a scheme for one-on-one tuition with a qualified professional organ instructor in Hong Kong over a period of up to three (3) years, depending on the ability of the participants. The participants must commit to finish the scheme and serve as organist at his/her parish/mission church for at least two (2) years after completing the scheme.

Interested candidates please contact your parish administrators for information pack of the scheme and application form or download them from the Provincial website (www.hkskh.org).

Deadline for application is 18th October 2024 (Friday).

THANKSGIVING SERVICE 2024

At the end of this academic year, the Standing Commission for Liturgical Matters shall organize the Annual Thanksgiving Service of the Scholarship. Details are as below:

Date/Time: Saturday, 24th August 2024/4.00pm
Venue: Hong Kong HKSKH St Paul's Church, Glenealy, Central
Officiant: The Revd Jason Leung
Blessing: The Most Revd Andrew Chan

All are welcome to join us to celebrate God's grace on the Scholarship over the past years. For any further enquiries, please contact the Provincial Music Director, Mr Felix Yeung at (852) 2523 4157.

**HKSKH Ming Hua Theological College
RECRUITMENT FOR 2024-2025**

The recruitment for the following programmes is open now. Should you have any enquiries, please contact us at admission@minghua.edu.hk or WhatsApp to 9530 7241. *All programmes are conducted in Cantonese.*



Diploma of Theology



Diploma of
Spiritual Direction



Training Course
for RE Teachers

ST JOHN'S CATHEDRAL MINISTRY TEAM

Dean

The Very Revd Kwok-keung Chan
(Acting Priest-In-Charge of Discovery Bay Church)

Clergy Ministry Co-ordinators:

Chinese Ministry -
The Revd Canon Peter Koon
The Revd Amos Poon

Christian Education - The Revd Will Newman
(Priest-In-Charge of St Stephen's Chapel, Stanley)

Filipino Ministry -
The Revd Canon Dwight dela Torre
The Revd Sharon Langbis

Liturgy and Spirituality - The Revd Robert Martin CMP
(Priest-In-Charge of Emmanuel Church, Pokfulam)

Mission and Ministry - The Revd Amos Poon

Youth Ministry - The Revd Amos Poon

Honorary Chaplains:

The Revd Professor Philip Wickeri
The Revd Polly Wong Heung-fong

Executive Administrator:

Mr Thomas Li

Serving the wider community:

SJC Counselling Service
Mission for Migrant Workers
SJC Life Enrichment Centre
Cathedral Bookstore
CLARES/Castaways
Prison Ministry



Information about St John's Cathedral and its ministries can be found on the notice boards and on the website: www.stjohnscathedral.org.hk.

Clergy are here to listen and help. Please feel free to speak to one of them after the services, or make contact during the week: St John's Cathedral, 4-8 Garden Road, Central Tel: 2523 4157

Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: _____

First Name: _____

Name of spouse (if applicable) _____

Names and ages of children (if applicable) _____

E-mail: _____ Phone: _____

Please circle as appropriate:

I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.

I am interested in finding out about: Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.

Other questions / information: _____

I do not agree to receive any promotional materials from St John's Cathedral.

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